# Pinsch of Soil Farm's Schnupper Box

filled with our own homegrown vegetables

# What is a Schnupper Box?

- A weekly sample box of fresh vegetables grown here at POSF

## Why sign up?

- An opportunity to try a variety of vegetables, you might not have bought otherwise
- Eat in season
- Know where your food comes from and who grows it – get to know us
- Experience new flavours and new cooking ideas



#### How much?

- \$15 per week must sign up for either 12 weeks or 20 weeks and pay in advance
- Depending on products' availability box will be under \$15 some weeks and over other weeks to even out to the amount paid in full, unless we have major crop losses

### Where and when to pick up?

- Pick up a the farm Mondays or Wednesdays after 11pm
- Starting Monday June 27 / Wednesday June29

# How many boxes available?

 Maximum 10 – (5 spots available for Mondays and 5 for Wednesdays)

To **sign up** or any further questions, please email nadjamoritz@shaw.ca or call us at 778 928 7463. Thank you for your interest and we hope to share our food with you.

See you soon,

The Pinsch of Soil (POSF) Farm Team

